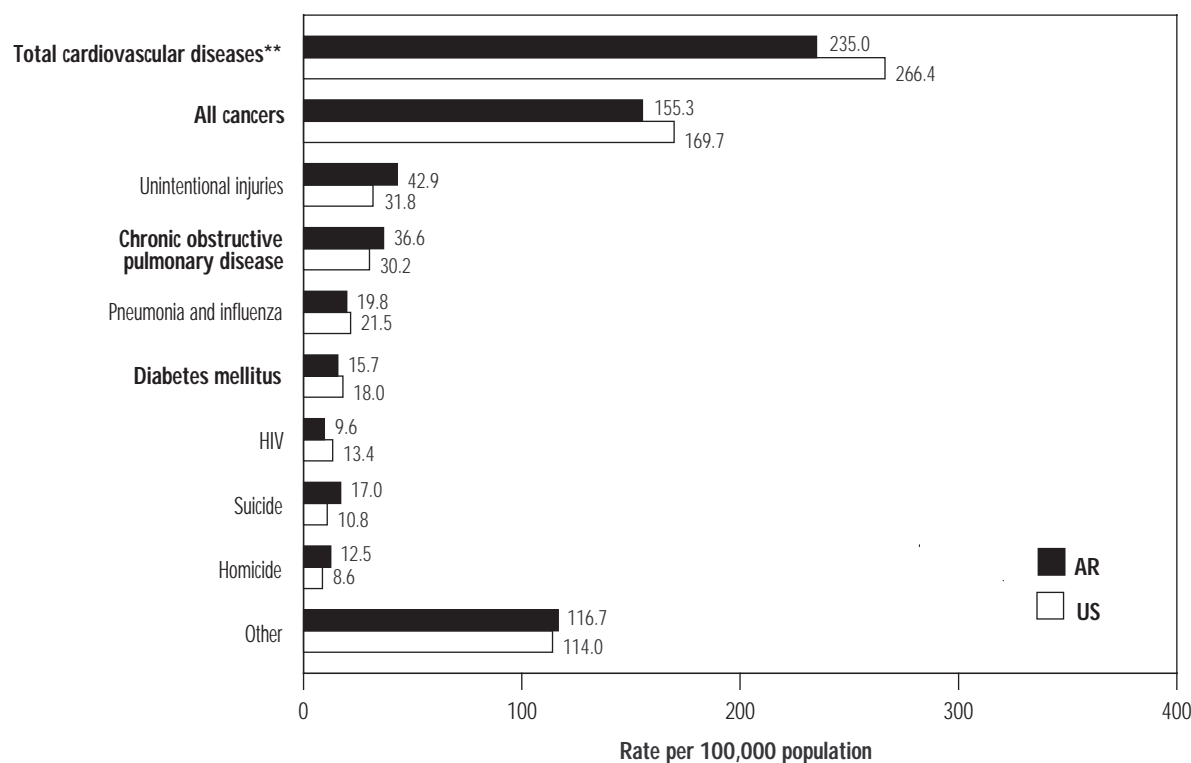


# Arizona: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Arizona, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is seventh.
- In 1995, 68% of all deaths in Arizona were due to the four most common chronic disease causes of death.
- The death rate for chronic obstructive pulmonary disease was higher in Arizona than in the United States; the death rates for total cardiovascular diseases, all cancers, and diabetes were lower.

**Causes of Death, Arizona Compared With United States, 1995\***



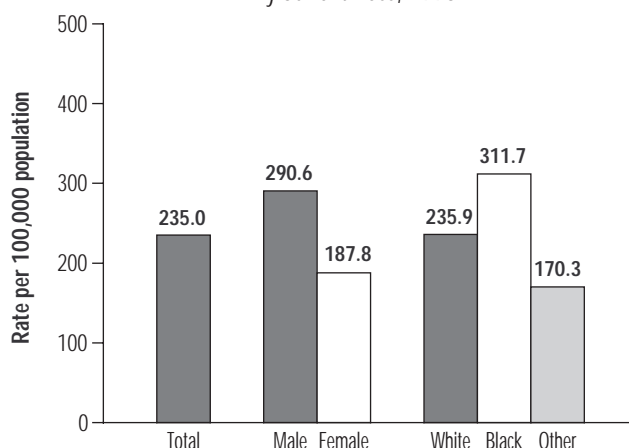
\*All data are age adjusted, 1970 total U.S. population.

\*\*Total cardiovascular disease death rates include rates of death due to ischemic heart disease (120.8 per 100,000 in Arizona and 135.2 per 100,000 in the United States) and rates of death due to stroke (37.1 per 100,000 in Arizona and 42.5 per 100,000 in the United States).

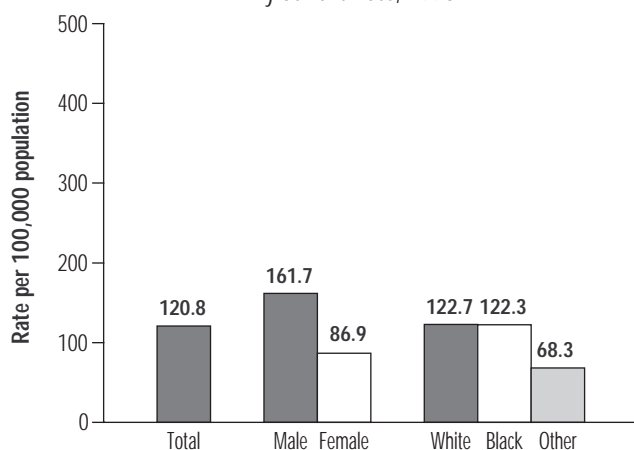
# Arizona: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Arizona, accounting for 36% of all deaths.
- Ischemic heart disease accounted for 51% of all cardiovascular disease deaths in Arizona in 1995; 6,802 people in Arizona died of ischemic heart disease.
- In 1995, 2,185 people in Arizona died of stroke.

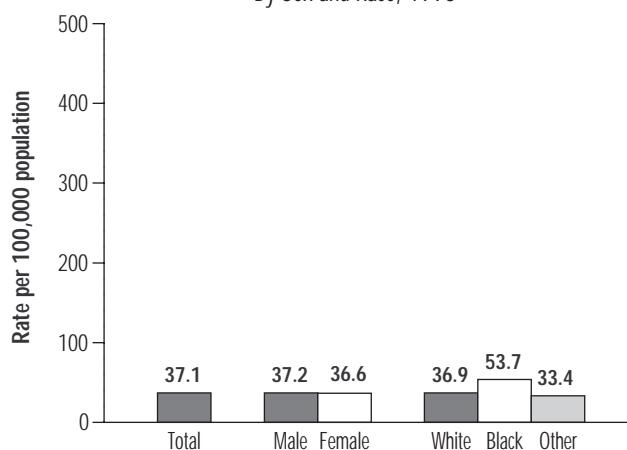
**Arizona: Total Cardiovascular Disease Death Rates**  
By Sex and Race, 1995



**Arizona: Ischemic Heart Disease Death Rates**  
By Sex and Race, 1995



**Arizona: Stroke Death Rates**  
By Sex and Race, 1995

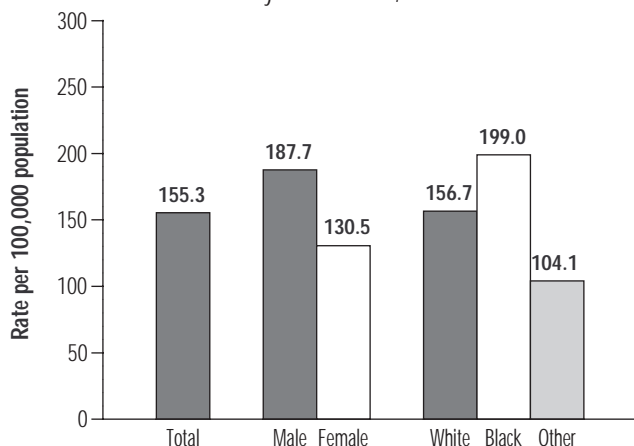


Note: All data are age adjusted, 1970 total U.S. population.

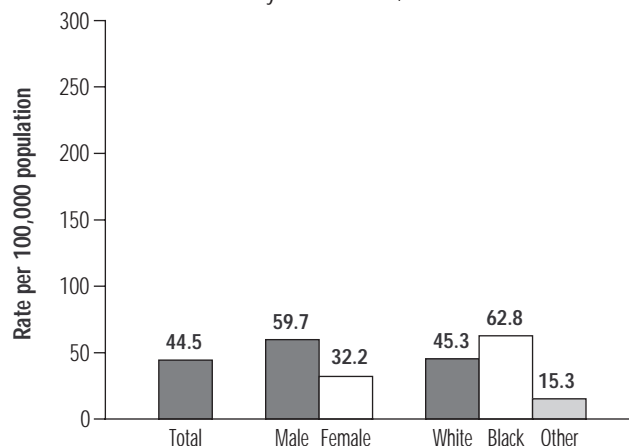
# Arizona: Cancer

- Cancer accounted for 23% of all deaths in Arizona in 1995; 8,018 people in Arizona died of cancer.
- In Arizona in 1995, 2,265 people died of lung cancer, 795 people died of colorectal cancer, and 566 women died of breast cancer.
- The American Cancer Society estimates that 2,900 new cases of lung cancer, 1,900 new cases of colorectal cancer, and 2,700 new cases of breast cancer will be diagnosed in Arizona in 1997.

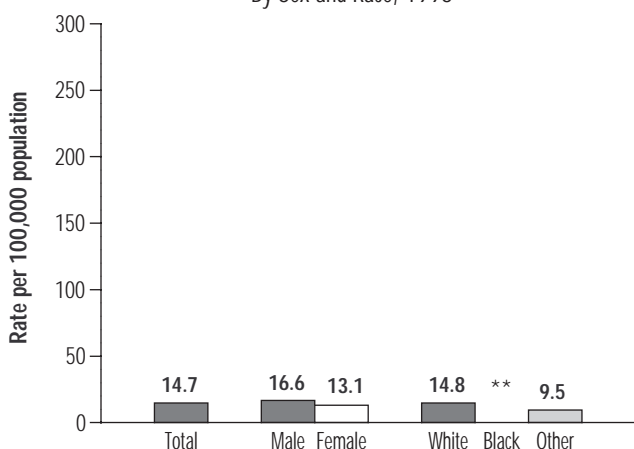
**Arizona: All Cancer Death Rates**  
By Sex and Race, 1995



**Arizona: Lung Cancer Death Rates**  
By Sex and Race, 1995

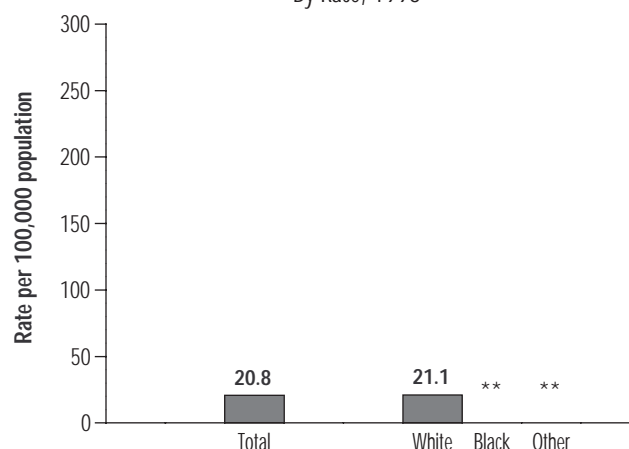


**Arizona: Colorectal Cancer Death Rates**  
By Sex and Race, 1995



\*\*Too few numbers to analyze.

**Arizona: Breast Cancer Death Rates Among Women**  
By Race, 1995



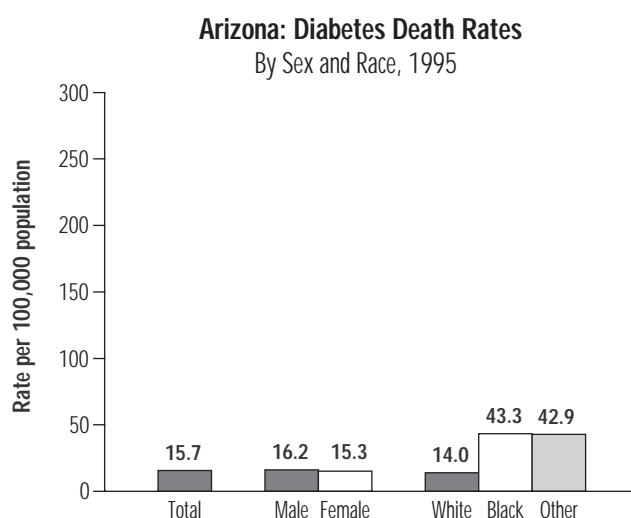
\*\*Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

# Arizona: Diabetes

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- In 1994, 113,675 adults in Arizona had diagnosed diabetes.
- Diabetes was the underlying cause of 824 deaths in Arizona in 1995.
- In 1993, diabetes was the most common contributing cause of 394 new cases of end-stage kidney disease in Arizona.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

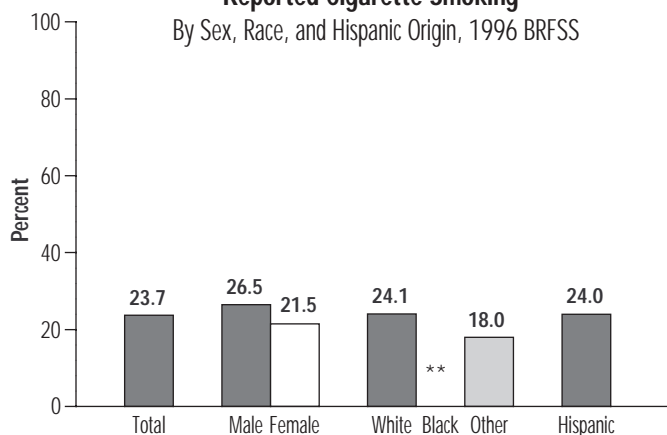


Note: All data are age adjusted, 1970 total U.S. population.

# Arizona: Risk Factors

## Arizona: Percentage of Adults Who Reported Cigarette Smoking\*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*Ever smoked at least 100 cigarettes and now smoke every day or some days.

\*\*Too few numbers to analyze.

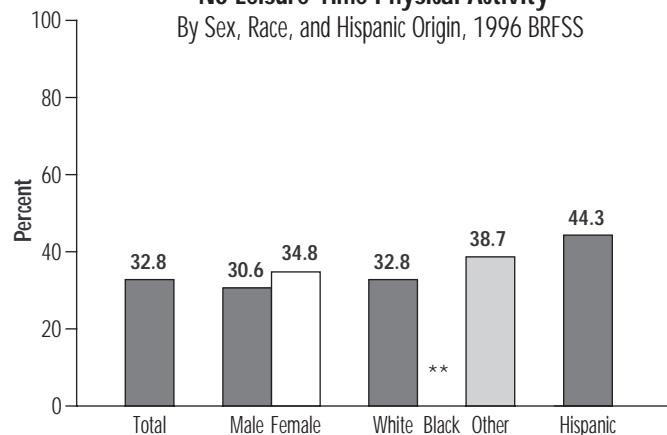
## Arizona: Percentage of High School Students Who Reported Cigarette Smoking

By Sex, 1995 YRBSS

YRBSS data not available

## Arizona: Percentage of Adults Who Reported No Leisure-Time Physical Activity\*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

\*\*Too few numbers to analyze.

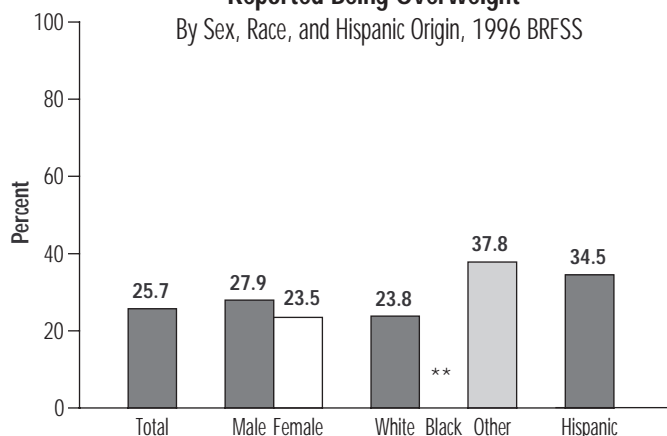
## Arizona: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS

YRBSS data not available

## Arizona: Percentage of Adults Who Reported Being Overweight\*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*Body mass index  $\geq 27.8$  kg/m<sup>2</sup> for men and  $\geq 27.3$  kg/m<sup>2</sup> for women.

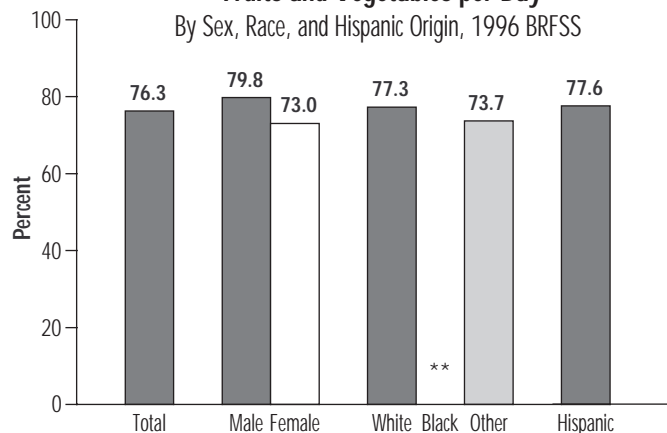
\*\*Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

# Arizona: Risk Factors

**Arizona: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day**

By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

**Arizona: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey**

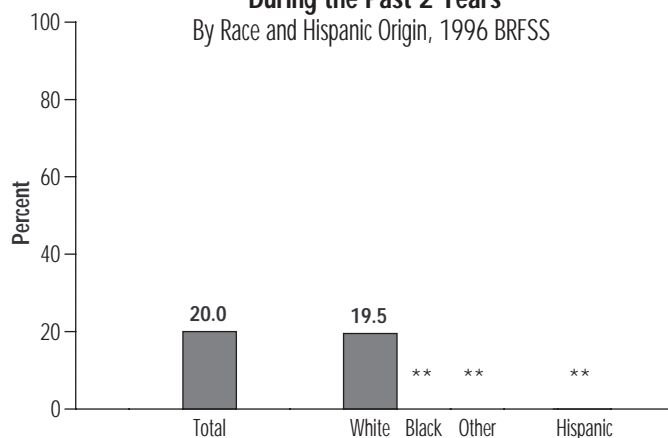
By Sex, 1995 YRBSS

YRBSS data not available

# Arizona: Preventive Services

**Arizona: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years**

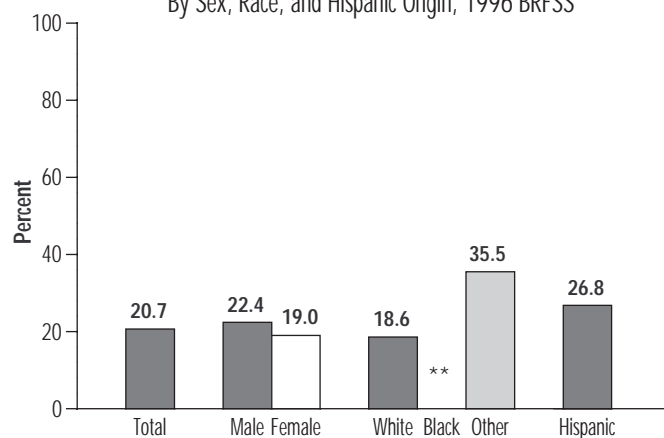
By Race and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

**Arizona: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance**

By Sex, Race, and Hispanic Origin, 1996 BRFSS



\*\*Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.